

Simple Mango Avocado Salsa

- Diced Mango into ½ inch cubes
- Chop Avocado into ½ cubes
- Chop Red Onion into small pieces
- 3 – 4 Tbsp Lemon Juice

Blend all of the chopped and diced ingredients together
sprinkle with lemon juice and let sit about an hour.

Use as a healthy choice Tortilla chip dip or use as garnish over fish, chicken.