

## Hearty Hamburger Vegetable Barley Soup

### Ingredients

- 2 Carton Beef Stock
- 1 Lb Ground Beef
- 1 Cup Chopped Carrots
- 1 Cup Chopped Celery
- 1 Cup Chopped Onion
- 1/2 Can diced Tomatoes
- ½ Cup Pearl Barley
- 1 TBSP Oil
- Splash of Worchester sauce
- Season to taste

### Directions

Brown beef, drain fat and set aside

Pour oil in pan and add onion, celery and carrots. Saute until slightly softened. After softening vegetables place in larger pot to add stock. Add Beef stock, ground beef and diced tomatoes.

Bring to a boil and cook on high about 5 minutes  
Lower heat to a medium low and cook for 30 minutes.